

Ways you can be involved:

- Volunteering (minibus driving/minibus escort/group volunteer are just some of the opportunities available) – training and support is provided for all of our volunteers
- Fundraising – join the centre fundraising group or organise your own event (if you let us know we can link it to the Just Giving Page)
- Carer Ambassador – help us raise awareness of the centre and our activities in local communities
- Parent/Guardian Group - have fun, learn and share your skills/knowledge with other parents of young carers

If you have any questions or would like to talk about these new opportunities please get in touch:

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Charity number SC024115. Company
Number SC160754.

MIX AND MATCH

GROUPS FOR YOUNG CARERS



The existing Wednesday or Thursday 8 – 12 year old group and Thursday 12 – 15 year old group which your child may attend will be replaced by these new opportunities.

We are moving to focussed groups for the following reasons:

- Maximise the opportunities for young people to try new activities
- Increase the learning opportunities for young people, including accreditation
- Help young people get involved in what's going on in their local community
- Maximise our partnerships with other organisations
- Build young people's skills and confidence

Young people will be matched with the appropriate opportunity in the New Year based on their interests and needs – your youth worker will be in touch to discuss the opportunities available, including dates and times



Types of opportunities that will be available in the New Year

- Cooking groups and activities
- Physical Activity Groups
- Personal Development opportunities
- Employability & Life Skills
- Get involved in our Young Fundraisers Group
- Have your say in our Getting it Right for Young Carers Group
- Groups will be delivered in the centre or other venues in Dundee

Accreditation opportunities:

- Dynamic Youth Award
- Youth Achievement Award
- REHIS Elementary Cooking Skills

