

Dundee Carers Centre Referral Form

Referrals can also be taken over the phone during office hours on 01382 200422

Full name of person being referred			
Full Address (include postcode)			
Email address			
Home telephone No		Mobile No	
Date of birth		Gender	
GP Name and Address (include postcode)		GP Contact Number	

If the person being referred is under 16 years or under 18 years and still living at home, please provide the following information:

Name of parent/guardian		Telephone no of parent/guardian	
Who does the young person care/help to care for?		Illness/disability of the cared for person?	
School the young person attends		Is the young person aware of referral?	

- How does the person being referred feel they are coping with their caring role?
Coping well Just managing Really struggling At crisis point
- Please indicate which service you are referring to:

<i>Young Carers Project (8-15)</i>	<i>Black and Minority Ethnic service</i>
<i>UPBEET Project (15-30)</i>	<i>Welfare rights service</i>
<i>Adult carers support team</i>	<i>Direct payments support service</i>
- What support would they benefit from? (*Further information can be found on page 4*)

<i>1:1 support</i>	<i>Break from caring role (respite)</i>
<i>Help finding work</i>	<i>Help accessing other services</i>
<i>Help accessing training/accreditation</i>	<i>Groups, outing and events</i>
<i>Direct Payments</i>	<i>Counselling (carers aged 16 & over)</i>
<i>Benefits check</i>	

- Please tell us why you are referring this person to Dundee Carers Centre, including a brief description of the person's caring role:

- Are there any other agencies currently involved with the family? Please give details:

Are there any specific issues/risks we need to be aware of relating to home visits such as pets, access issues, smokers, etc. Please give details:

- When is the best time for the person to be contacted? i.e. mornings only, specific days of the week (*office hours are: Monday-Friday, 9am-4:45pm*)

- **Welfare rights support only**; when is the deadline for completion of forms?

• What is the ethnic origin of the person being referred?

African, African Scottish or African British

Chinese, Chinese Scottish or Chinese British

Arab

Bengali, Bengali Scottish or Bengali British

Pakistani, Pakistani Scottish or Pakistani British

Polish or Eastern European

Black, Black Scottish or Black British

White Scottish or White British

Indian, Indian Scottish or Indian British

Gypsy/Traveller

Other ethnic group

Other White

Referrer information:

Name		Address	
Job title		Agency/other	
Telephone number		Email address	
Date of referral		Would you like to be added to our mailing list?	

We will treat your information in the strictest confidence, in line with Data Protection Regulations.

Once completed return to:

Office use: Date of receipt stamp

**Dundee Carers Centre
Seagate House
132-134 Seagate
Dundee
DD1 2HB
01382 200422**

Or email to: centre@dundecarerscentre.org.uk

Additional information can also be found at:

www.dundecarerscentre.org.uk

www.facebook.com/dundecarerscentre

www.twitter.com/Dundee_Carers



Registered Scottish Charity Number: SCO24115, Company Number SC160754

Additional information:

Who is a carer? A carer is someone who provides unpaid care and support to a partner, child, parent, other family member or friend who could not manage without their help. This could be due to age, disability, physical or mental illness or addiction. Anyone can be a carer and we work with carers of any age.

Information about Dundee Carers Centre:

Adult carers support team -The adult carers support team provides support to carers through one to one work and group activities. We provide a range of services: practical and emotional support; access to other statutory and voluntary organisations; access to other services within the centre; a variety of groups, alternative therapies and social events; training sessions; peer support; support in bereavement and through transitions; counselling & befriending.

UPBEET Project - The UPBEET project helps young adult carers aged 15-30 years to access confidential information and support in a range of areas. This includes personal development work, raising confidence and self esteem, assessing entitlement to benefits and improving CV/interview skills. We also help young adult carers to access flexible opportunities for combining education, training, or employment with their caring role.

Young Carers Project - The YCP offers a range of services and support to young carers aged 8-18 and their families. This includes: 1:1 support (ages 8-18); weekly groups; family support; accreditation through youth award schemes; short break from the caring role (including residential and holiday programmes) and training.

Black and Minority Ethnic service - The BME team aims to make our information and services accessible to carers and disabled people from minority ethnic communities through the work of multilingual Development Workers and a Welfare Rights Officer. We provide: home visits; advocacy; information in community languages; signposting to our services; help to access other agencies; benefits checks; form filling; 1:1 support; monthly groups and training and events. Languages spoken within the team are: Urdu, Punjabi, Mandarin and Cantonese.

Welfare rights - Evidence shows that carers and families affected by disability are more likely to experience social exclusion and live in poverty. The Welfare Rights service can help to: identify benefit entitlements; fill in benefit application forms; assist with wrong benefit decisions, including reconsiderations and representation at tribunals; help to maximise income. In the previous financial year, the team has supported people to claim more than £1 million in benefits people did not realise they were eligible for.

Direct payments support service - A Direct Payment is given by the Local Authority instead of support services to an individual who is eligible for community care support services. This allows the person to organise their own support by purchasing agency services or employing Personal Assistants. Direct Payments is one of the options of self-directed support. Dundee Carers Centre has the contract from the Social Work Departments of Dundee City Council and Angus Council to provide advice, information and support to those people in the area who wish to use Direct Payments to meet their community care needs. The Direct Payments team also operates a payroll service for people who employ a Personal Assistant.